

**Cleans.**  
**Supports.**  
**Protects.**



# Patient Pre-Surgical Bathing

## Using Theraworx Protect 8-Pack Towels



You will be sent home with a purple and white package that has eight (8) cloths of **Theraworx Protect**. The night before your surgery, please take a shower and wash your hair as you normally do. Towel dry completely and apply Theraworx Protect as indicated:

### **Total body cleansing:**

Cleanse with **Theraworx Protect** using either side of cloth, scrub for a duration of **ONE MINUTE**. Follow these instructions for each area indicated on diagram utilizing all eight (8) cloths. Do not rinse. Allow to air dry.

### **Targeted skin cleansing:**

Apply (2 to 4) cloths and scrub for **ONE MINUTE** on and around area being operated on (see diagram below for body area). Do not rinse. Allow to air dry.

#### **Cloth 1**

Scrub on face, neck, chest and upper abdomen to the umbilical (belly button) area. ***It is safe to use around the eyes and mouth.***

#### **Cloth 2**

Scrub right arm and armpit, hand and fingers

#### **Cloth 3**

Scrub left arm and armpit, hand and fingers

#### **Cloth 4**

Scrub right leg, including behind the knee, feet and toes

#### **Cloth 5**

Scrub left leg, including behind the knee, feet and toes

#### **Cloth 6**

Scrub back area. You may need a helper!

#### **Cloth 7**

Scrub both buttocks, ending with the rectal area

#### **Cloth 8**

Start at the area where you urinate, scrub around that area and covering the entire genital area. Turn the cloth over and scrub from the lower abdomen from the umbilical area (belly button) to the mid thighs.

**DO NOT MICROWAVE. DO NOT FLUSH.**

Dispose cloths in household trash.

### **When clean is not enough.**

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Does not contain antiseptic drugs  
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