

The Experts' Recommendations

for Perineal Care for the Foley Catheterized Patient

Soap and water or equivalent wipes do not decolonize the perineum and can strip away the skin's natural antimicrobial barrier and defensive functions. Utilizing basins and traditional incontinence cleanup methods can increase the risk of cross contamination, a proven CAUTI risk factor. Most products that can decolonize the skin are either contraindicated for use in the perineum and in mucosa or lack safety and efficacy data.

Recommendations and Guidelines

Joint Commission National Patient Safety Goals 2018¹

- The Joint Commission's National Patient Safety Goal NPSG.07.01.01 requires HCWs to comply with either the current Centers for Disease Control and Prevention (CDC) or the current World Health Organization (WHO) hand hygiene guidelines.

Healthcare Infection Control Practices Advisory Committee (HICPAC) 2009²

- "Perform hand hygiene immediately before and after insertion or any manipulation of the catheter device or site."
- "Do not clean the periurethral area with antiseptics to prevent CAUTI while the catheter is in place. Routine hygiene (e.g., cleansing of the meatal surface during daily bathing) is appropriate."

Association for Professionals in Infection Control and Epidemiology (APIC) Implementation Guide 2014³

- "Provide routine hygiene for meatal care."

Society for Healthcare Epidemiology of America (SHEA) 2014⁴

- "Employ routine hygiene; cleaning the meatal area with antiseptic solutions is unnecessary."

Agency for Healthcare Research and Quality (AHRQ) 2015⁵

- The CDC recommends routine perineal hygiene using soap and water during daily bathing.

Wound Ostomy and Continence Nurses Society (WOCN)⁶

- "Routine perineal care is recommended."

American Nurses Association (ANA) 2014⁷

- "Perform perineal hygiene at a minimum, daily per facility protocol/procedure and PRN."

References:

1. The Joint Commission. National Patient Safety Goals Effective January 2018. 2. Gould, CV et al., Guideline for Prevention of Catheter-Associated Urinary Tract Infections 2009, Healthcare Infection Control Practices Advisory Committee. 3. APIC Guide to Preventing Catheter-Associated Urinary Tract Infections, 2014. 4. Lo E, et al., Strategies to Prevent Catheter-Associated Urinary Tract Infections in Acute Care Hospitals: 2014 Update, SHEA/IDSA Practice Recommendation, Infection Control and Hospital Epidemiology May 2014; 35(5):464-79. 5. Toolkit for Reducing Catheter-Associated Urinary Tract Infections in Hospital Units: Implementation Guide: Technical Interventions To Prevent CAUTI. 6. WOCN Catheter Associated Urinary Tract Infections (CAUTI): Fact Sheet. 7. Streamlined Evidence-Based RN Tool: Catheter Associated Urinary Tract Infection (CAUTI) Prevention.

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