



Theraworx Protect[®] U-Pak

Support Urinary Health in Your Most At-Risk Patients



From mounting antibiotic resistance concerns^{1,2} to unproven over-the-counter remedies,³⁻⁵ your options for preventing urinary tract infections (UTIs) have been limited. The U-Pak—indicated to promote daily urinary health in those **suffering from recurring UTIs**—is the solution you've been missing.

The #1 Infection in Healthcare^{6,7}

UTIs are a major issue across all healthcare settings, from outpatient to acute care to long-term care.

Key insights:

>10% of women over age 65 have reported having a UTI in the past 12 months—the number increases to nearly 30% in women over age 85.⁸

UTIs account for 30%-60% of all antibiotic prescriptions in nursing homes.⁹

1/3 of E. coli UTIs—the most common type—are “now resistant to key antibiotics” in the U.K.¹⁰

Intermittent catheter users average 2.7 UTIs per year.¹¹

The U-Pak is available via:

- In-Office Consignment
- Retail Pharmacy: theupak.com/#store-locator
- www.getupak.com

Close Gaps in Care, With the U-Pak

The U-Pak, which consists of peer-reviewed and clinically proven Theraworx Protect*—an advanced hygiene and barrier system used in more than 1,000 acute care and long-term care facilities—supports urinary health in your most at-risk patients:



Post-menopausal women



Catheter users



Sexually active females

In-Facility and At-Home Uses

For the best urinary health outcomes, the wipes and foam are intended to be used in the following ways:

- **Theraworx Protect Wipes:** Use for daily cleansing to support menopausal health, catheter care each time the bladder is emptied, and cleansing before and after sexual intercourse.
- **Theraworx Protect Foam:** Use for anal cleansing after each fecal evacuation or bowel movement.

For more details, refer to the Instructions for Use inside the box.

Visit **dailyurinaryhealth.com** for more information, clinical inquiries and appointment requests.

References:

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6. Catheter-associated urinary tract infections (CAUTIs). CDC website. https://www.cdc.gov/hai/ca_uti/uti.html. Accessed January 30, 2020.
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8. Johansen TE, Botto H, Cek M, et al. Critical review of current definitions of urinary tract infections and proposal of an EAU/ESIU classification system. *Int J Antimicrob Agents*. 2011;38(Suppl):64-70.
9. Benoit SR, Nsa W, Richards CL, et al. Factors associated with antimicrobial use in nursing homes: a multilevel model. *J Am Geriatr Soc*. 2008;56:2039-2044.
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* **Peer-Reviewed Publications:** American Journal of Infection Control (2015, 2018); Clinical and Medical Investigations (2017). **Peer-Reviewed Posters:** Petersen Health Care and University of Louisville Division of Infectious Diseases (2014).