

# Patented Urinary Health Protocol

Prior to foley insertion make sure you follow facility cleansing protocol:

## 2 CLOTH APPLICATION SYSTEM:

### INSERTION:

#### 1 Urinary Tract Care Prior To Catheter Insertion

- Use 1st cloth BEFORE opening the urinary catheter tray.
- Unfold 1st cloth completely, apply to urethral opening and perineal area. Apply front to back for women and in concentric circles around the glans penis for men. Fold and use for 2nd application as needed.

**DO NOT FLUSH • DO NOT RINSE • DRY TIME 30 SECONDS**



#### 2 Insert Foley in Accordance With Facility Protocol

#### 3 Urinary Catheter Care Post Insertion

- Apply 2nd cloth of Theraworx Protect AFTER insertion is completed. Apply around the meatus and catheter.
- Apply front to back for women and in concentric circles around glans penis for men.
- Next, fold same cloth in half and apply from the umbilicus to mid-thigh, creating a **Zone of Protection** (see picture).

**DO NOT FLUSH • DO NOT RINSE • DRY TIME 30 SECONDS**

### MAINTENANCE and INCONTINENCE:

#### Urinary Catheter Maintenance and Perineum Care: Frequency Q12 Hours

- Continue to use cloths for routine catheter care every 12 hours as well as after each incontinent episode.
- Unfold 1st cloth completely, apply to urethral opening and perineal area. Apply front to back for women and in concentric circles around the glans penis for men. Fold and use for 2nd application as needed.
- Apply the 2nd cloth to all areas from the umbilicus to the mid-thigh, creating a **Zone of Protection** (Include all skin folds and rectal area).



Theraworx Protect 2-Pack  
(2 wipes per pouch)  
Order# **SCP-8802**

Theraworx Protect 2-Pack  
Fragrance Free  
(2 wipes per pouch)  
Order# **SCP-8802FF**